Legacy Link Menu

June 2024



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
3	4	5	6	7		
Homestyle Chicken and Rice		Smothered Meatballs	Chicken Cacciatore	Hamburger Patty		
Whole Kernel Corn		Whipped Potatoes	Parslied Rice	Baked Beans		
Stewed Tomatoes		Summer Vegetable Blend	Brussels Sprouts	Potato Wedges		
Dinner Roll	Picnic	Wheat Bread	Tossed Salad	Lettuce Tomato		
Oatmeal Raisin Cookie	7101110	Fresh Fruit	Dinner Roll	Hamburger Bun		
Milk	1	Milk	Fresh Banana	Fresh Fruit		
Margarine	Lunch	Margarine	Milk	Chocolate Milk		
Diet - Shortbread Cookies		Diet - Same	Margarine	Mustard Ketchup x 2 May		
2.00	today!	110	Ranch Salad Dressing	Diet - Same		
]	-	Diet - Same	ALT: Baked Beans		
		ALT: Popcorn Chicken	ALT: Refried Beans	Dilled Carrots		
10	11	12	13	14		
Swiss Steak	Sausage w/Onions & Peppers	Chicken Supreme	Spaghetti Casserole	Father's Day Meal		
Garlic Whipped Potatoes	Baked Beans	Lima Beans	Green Peas	Sausage Patty (2)		
Spring Vegetable Blend	Cabbage	Okra & Tomatoes	Tossed Salad	Cheese Grits		
Wheat Bread	Hot Dog Bun	Dinner Roll	Saltine Crackers	Hot Spiced Fruit		
Fresh Fruit	Applesauce	Strawberry Gelatin	Apple Cobbler	Biscuit		
Milk	Chocolate Milk	Milk	Milk	Milk		
Margarine	Mustard Ketchup	Margarine	Ranch Salad Dressing	Margarine		
Diet - Same	Diet - Same	Diet - Assorted Gelatin	Diet - Hot Sliced Apples	Assorted Jelly		
Dict Same	Diet same			Diet - Same		
	ALT: New! Tofu w/Onions &		ALT: Falafel Balls	ALT: Chickpea Lettuce Wrap		
ALT: Breaded Chicken Patty	Peppers		New! Tzatziki Sauce	Grits		
17	18	19	20	21		
Chicken Cordon Bleu	Meatloaf w/Tomato Gravy	BBQ Pork	2 4 4	Sliced Turkey Breast		
Parslied Rice	Whipped Potatoes	Baked Beans	347	Swiss Cheese		
Garden Vegetable Blend	Peas & Carrots	Coleslaw	0.	Lettuce Tomato		
Dinner Roll	Dinner Roll	Hamburger Bun	Picnic	Carrot Raisin Salad		
Fresh Fruit	Chocolate Chip Cookie	Peach Cobbler	i 5	Wheat Bread (2)		
Milk	Milk	Chocolate Milk	LUNCH	Fruit Salad		
Margarine	Margarine	Diet - Same		Milk		
Diet - Same	Diet - Shortbread Cookies	1	today!	Mustard Mayonnaise		
Diet Same	ALT: Vegetarian Bean Chili		10901.	Diet - Same		
ALT: Beef Patty w/Gravy	Hashbrown Patty	ALT: Breaded Chicken Patty	19	ALT: Hummus w/Pita		
24	25	26	27	28		
Mozzarella Chicken	Salisbury Beef	Beef Chili	Herb Crusted Pork	Yogurt Dill Chicken Salad		
Elbow Pasta w/Tomatoes	Brown Gravy	Broccoli with Cheese	Parslied Rice	Pasta Salad		
Green Beans	Au Gratin Potatoes	Baked Potato	Mixed Beans	New Recipe! Green Pea Sala		
Dinner Roll	Carrots	Saltine Crackers	Dinner Roll	Saltine Crackers		
Applesauce	Wheat Bread	Pineapple Tidbits	Fresh Fruit	Sugar Cookie		
Milk	Chocolate Graham Crackers	Chocolate Milk	Milk	Milk		
	Milk	Diet - Same	Margarine	Diet - Shortbread Cookies		
Margarine		Andrews Indiana Control of the Contr	5:			
Margarine Diet - Same	Margarine	Margarine Sour Cream	Diet - Same			
Margarine Diet - Same	Margarine Diet - Same	Margarine Sour Cream	Diet - Same			
	Margarine Diet - Same ALT: Lentil Stew	Margarine Sour Cream	Diet - Same			

Amande & Ratuck, NS, RD, LD



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Dinner Roll	0:	Summer Vegetable Blend	Brussels Sprouts	Potato Wedges		
Oatmeal Raisin Cookie	Picnic	Wheat Bread	Tossed Salad	Lettuce Tomato		
	,	Fresh Fruit	Dinner Roll	Hamburger Bun		
Milk	Lunch	Milk	Fresh Banana	Fresh Fruit		
Margarine	Contient	Margarine	Milk	Chocolate Milk		
Diet - Shortbread Cookies	troday	Diet - Same	Margarine	Mustard Ketchup x 2 Ma		
	TOUGH !		Ranch Salad Dressing	Diet - Same		
			Diet - Same	ALT: Baked Beans		
	4	ALT: Popcorn Chicken	ALT: Refried Beans	Dilled Carrots		
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Wheat Bread	Hot Dog Bun	Dinner Roll	Saltine Crackers	Hot Spiced Fruit		
Fresh Fruit	Applesauce	Strawberry Gelatin	Apple Cobbler	Biscuit		
Milk	Chocolate Milk	Milk	Milk	Milk		
Margarine	Mustard Ketchup	Margarine	Ranch Salad Dressing	Margarine		
Diet - Same	Diet - Same	Diet - Assorted Gelatin	Diet - Hot Sliced Apples	Assorted Jelly		
			, and a supples	Diet - Same		
	ALT: New! Tofu w/Onions &		ALT: Falafel Balls	ALT: Chickpea Lettuce Wra		
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Parslied Rice	Whipped Potatoes	Baked Beans		Swiss Cheese		
Garden Vegetable Blend	Peas & Carrots	Coleslaw	2.	Lettuce Tomato		
Dinner Roll	Dinner Roll	Hamburger Bun	Picnic	Carrot Raisin Salad		
Fresh Fruit	Chocolate Chip Cookie	Peach Cobbler	000 Bab 2000an	Wheat Bread (2)		
Milk	Milk	Chocolate Milk	LUNCH	Fruit Salad		
Margarine	Margarine	Diet - Same		Milk		
Diet - Same	Diet - Shortbread Cookies		today!	Mustard Mayonnaise		
	ALT: Vegetarian Bean Chili		109013.	Diet - Same		
ALT: Beef Patty w/Gravy	Hashbrown Patty	ALT: Breaded Chicken Patty		ALT: Hummus w/Pita		
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Dinner Roll	Carrots	Saltine Crackers	Dinner Roll	Saltine Crackers		
Applesauce	Wheat Bread	Pineapple Tidbits	Fresh Fruit	Sugar Cookie		
Milk	Chocolate Graham Crackers	Chocolate Milk	Milk	Milk		
Margarine	Milk	Diet - Same	Margarine	Diet - Shortbread Cookies		
Diet - Same	Margarine	Margarine Sour Cream	Diet - Same	Diet - Shortbread Cookles		
	Diet - Same		- et suille			
	ALT: Lentil Stew					
LT: Meatballs w/Marinara	Paprika Potatoes					

Amanda & Ratuck, NS, RD, LD