

Legacy Link Menu

July 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Penne Pasta w/Meat Sauce Country Corn Green Beans Wheat Bread Sugar Cookie Milk Margarine Diet - Same as Dessert	Chicken Supreme (Chicken and Dressing) Whipped Potatoes Broccoli Fresh Fruit Milk Diet - Same as Dessert ALT: Tofu Curry	Independence Day Meal <i>New!</i> Bratwurst Sauerkraut Baked Navy Beans Carrots Hot Dog Bun Nuttty Buddy Bar Chocolate Milk Diet - Same as Dessert	Closed for Holiday	Meatloaf w/Tomato Gravy Mixed Beans Cabbage Cornbread Oreo Cookies Milk Margarine Diet - Same as Dessert ALT: Falafel Balls
8	9	10	11	12
Swedish Meatballs Whipped Potatoes California Vegetable Blend Dinner Roll Oatmeal Raisin Cookie Milk Margarine Diet - Same as Dessert ALT: Breaded Chicken w/ Country Gravy	Fajita Chicken Spanish Rice Black Beans Flour Tortilla Nuttty Buddy Bar Chocolate Milk Taco Sauce Sour Cream Diet - Same as Dessert ALT: <i>New!</i> Tofu Fajitas	Brown Sugar Glazed Ham Whipped Sweet Potatoes Green Beans Cornbread Oreo Cookies Milk Margarine Diet - Same as Dessert	Sloppy Joe Hashbrown Casserole Parslied Carrots Hamburger Bun Fresh Fruit Milk Diet - Same as Dessert ALT: Vegetarian Sloppy Joe Paprika Potatoes	Yogurt Dill Chicken Salad Pasta Salad Broccoli Salad Saltine Crackers Fresh Banana Milk Diet - Same as Dessert ALT: Hummus
15	16	17	18	19
<i>New!</i> Creamy Chicken Marsala Rotini Pasta Green Beans Wheat Bread Darlington Sugar Cookies Milk Margarine Diet - Same as Dessert ALT: Beef w/Mushroom Gravy	BBQ Pulled Pork Hawaiian Baked Beans Tater Gems Hamburger Bun Fresh Banana Milk Ketchup Diet - Same as Dessert ALT: Tofu w/Onions & Peppers	Beef Spaghetti Casserole Garden Vegetable Blend Tossed Salad Dinner Roll Hot Peaches Milk Margarine Ranch Dressing Diet - Same as Dessert	Oven Fried Chicken Thigh Whipped Potatoes Lima Beans Wheat Bread Lime Gelatin Chocolate Milk Margarine Diet - SF Gelatin ALT: Vegetarian Chili	Vegetarian Red Beans & Rice Collard Greens Whole Kernel Corn Cornbread Fresh Fruit Milk Margarine Vinegar Diet - Same as Dessert
22	23	24	25	26
Chicken Cordon Bleu Garlic Whipped Potatoes Carrots Dinner Roll Chocolate Chip Cookie Milk Margarine Diet - Same as Dessert ALT: Meatballs w/Onion Gravy	Hamburger Patty Baked Pinto Beans Potato Wedges Hamburger Bun Fresh Fruit Chocolate Milk Mustard Ketchup (2) Mayonnaise Diet - Same as Dessert ALT: Falafel Balls	Homestyle Chicken & Rice Whole Kernel Corn Green Beans Saltine Crackers Orange Gelatin Milk Diet - SF Gelatin	BBQ Pork Riblet Macaroni & Cheese Broccoli Dinner Roll Nuttty Buddy Bar Milk Margarine Diet - Same as Dessert ALT: Lentil Stew & Rice	Pimento Cheese Tossed Salad Black-Eyed Pea Salad Wheat Bread (2) Fresh Banana Milk Ranch Dressing Diet - Same as Dessert ALT: <i>New!</i> Chickpea Salad
29	30	31		
Penne Pasta w/Meat Sauce Country Corn Green Beans Wheat Bread Sugar Cookie Milk Margarine Diet - Same as Dessert	Chicken Supreme (Chicken and Dressing) Whipped Potatoes Broccoli Fresh Fruit Milk Diet - Same as Dessert ALT: Tofu Curry	Sausage w/Onions & Peppers Baked Navy Beans Coleslaw Hot Dog Bun Hot Applesauce Chocolate Milk Ketchup Mustard Diet - Same as Dessert		

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